



19th LSR Colombo Marathon



03 DAYS / 02 NIGHTS

Day 01 (05th Oct. 2019)

Airport / Torrington Grounds / Negombo

Arrival, welcome by a representative of Lanka Sportreizen and driven to the Torrington Ground for Medical check-up & Registration, where you will be briefed about the event and thereafter you will be issued with your respective number.

Later in the day transfer to Hotel.

Relax

Overnight stay at Negombo.

Day 02 (06th Oct. 2019)

Negombo / Torrington Grounds

To be picked-up between 0430 and 0500 hrs from your respective hotels & to be transferred to the grounds for the start of the marathon.

Overnight stay at Negombo.

Day 03 (07th Oct. 2019)

Negombo / Airport

In the morning hours you could relax on the beach or



*do a city tour at **Negombo**... One of the major tourist beach resorts of the island, this lively town is mainly inhabited by the fisher-folk. This is also one of the strongholds of the catholic community of Sri Lanka, located along the picturesque Negombo lagoon, along which hundreds of fishing boats and catamarans could be seen most of the time. Town is dotted with several churches, some dating from the earliest colonial times. Sightseeing at Negombo includes the remains of the **Old Dutch Fortress** from 1678, the Dutch canal constructed for the transportation of cinnamon, St. Mary's church and the Old Dutch cemetery, and naturally, the Negombo fish market. Brief sightseeing in Negombo*





including the **“Lellama”** the Fishing Harbour from where the Fishing Trawlers take off, **Retail Fish Market**, a **Fishing Village**, Hindu **Kovil** etc.....

In the evening transfer to Airport for departure.

Cost

Negombo Accommodation

- US\$ 180/- Per Person
- Single Supplement US\$ 70/-

Colombo Accommodation

| <u>Category</u> | <u>Per Person (US\$)</u> | <u>Single Supp. (US\$)</u> |
|------------------------|---------------------------------|-----------------------------------|
| 03 Star | 175/- | 70/- |
| 04 Star | 255/- | 135/- |
| 05 Star | 300/- | 175/- |

Marathon Entry Fee

- US\$ 50/- Full Marathon (General / Veteran)
- US\$ 25/- Half Marathon (General / Veteran)
- US\$ 10/- 10 km Fun Run
- US\$ 05/- 05 km Fun Run

COST INCLUDES

- Accommodation on Bed & Breakfast Basis Sharing Double.
- Transport in an A/C Deluxe vehicle with an English speaking Chauffeur/Guide.
- Any other local assistance or service that may be required

COST DOES NOT INCLUDE

- Marathon Entry Fee
- Additional meals
- Entrance Tickets
- Porter charges, tips or any other expense that does not included in the Itinerary.
- Optional activities.

✚ We also provide suited Gest House Accommodation starting from US\$ 30/- Per Person Per Night